Caring Companions
Quality Caregivers 24♥7♥365

(417) 234-8494

THE TALK · PART 7 · FREE PRINTABLE

Getting Ready for the First Visit

Start small, write down what you agreed, and help the caregiver learn your mom or dad's way on day one.

The plan

Days: _____

Times: _____

- ☐ Groceries ☐ Meals ☐ Medicine reminders
- ☐ Light housekeeping ☐ Rides ☐ Company
- ☐ Other:

What they still do themselves

_____

_____

_____

Who's coming

Caregiver's name: _____

We saw their profile: _____

Getting in

- ☐ Lockbox ☐ Door code
- ☐ Someone opens the door

If nobody answers, call: _____

💙 Our parent's way

Coffee or tea: _____

Daily routine: _____

Favorite things to talk about: _____

Things they love to do: _____

Places that are off limits: _____

Other: _____

Who in the family gets updates

NAME	PHONE OR EMAIL	WHAT THEY'D LIKE TO HEAR ABOUT

The first few weeks: be there to introduce everybody, then step back. Expect a bump or two. When it happens, ask what's behind it, and tell the agency. Trust takes a little time.

General education for families, not medical, legal or financial advice.