THE TALK · PART 4 · FREE PRINTABLE

When Mom or Dad Says No

No is almost never the end of the conversation. Ask yourself Mike's question: what are they actually saying no to?

What they said no to

What their no might be protecting

☐ Privacy ☐ Pride ☐ Control ☐ Money ☐ Fear ☐ Something else:

"What would make it okay?" Their answer, in their words

A small, specific offer

What:

Which days and times:

Their words for it:

Their choices:

A trial, their call

We'll start on:

We'll decide together on:

Remember

- ☑ Name the fear. Don't argue with it.
- ☑ Adults can make choices we don't agree with.
- ☑ Never trick them. Keep their trust.

When safety can't wait

Fires on the stove, getting lost while driving, money taken by a scammer, or falls with injuries: act sooner, and tell their doctor right away. If you believe they can no longer understand the risks they're taking, talk with their doctor and an elder law attorney.

General education for families, not medical, legal or financial advice.